The Lions' Pride

Saint Leo University • Friday, March 30, 2018 • Volume LVII No. 24 • Since 1965

Beach Volleyball Makes First 'Spike' on Saint Leo's Campus

Photo by Chris Daniello

Christopher Daniello
Contributing Writer

March 23 was the opening day not just for a new season, but for a new era in Saint Leo athletics. On this day for the first time in school history, the Saint Leo Lions hosted a beach volleyball tournament with their own team participating in it. Saint Leo created these new courts for the 2017-2018 school year, and it certainly did not disappoint. More than five brand-new beach courts with beautiful regulation nets and lines cover the sandy area.

Follow the remainder of this and other great sports articles online at:
Lionspridеonline.com

Saint Leo Mourns a Tragic Loss

Savannah Bendik
Contributing Writer

On Wednesday, March 21, the Saint Leo community gathered together to remember one of its beloved students, Kale Pinder. Pinder was a junior journalism major; he was involved in the Caribbean Students Association and was loved by many in the Saint Leo Community.

A resident of the Bahamas, Pinder lived with his parents and two younger sisters. He was a very avid athlete back at home, playing on basketball teams and flag football. Pinder was a leader and planned to coach a team in the Abaco Youth Football Association. Those close to him said that Pinder was very loving and friendly to all he met. He had a strong faith in Jesus Christ and spread love and goodness wherever he went.

The service took place in the Saint Jude Chapel. At the start of the Vigil service, Father Kyle Smith led guests in prayer, followed by the song "I Will Rise" by Chris Tomlin. Similar to a Mass, the service consisted of the singing of one of the Psalms, Psalm 27 to be exact, and a reading from the Gospel.

After reading through the scripture, Father Kyle said a few words to honor Pinder and offer hope in this sad time. Then, some of Pinder's close friends were able to share their stories, memories and what they loved most about their friend and classmate. The service continued with the attendees saying The Lord's Prayer together.

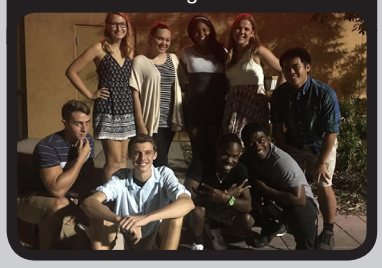
Continued on Page 3.

Photo by Kale Pinder Facebook

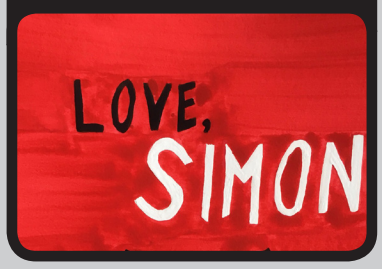
Kale Pinder (seated) during his tenure at Saint Leo created many friends whom will miss him, including the diaspora from the island nation of the Bahamas.

Inside This Week

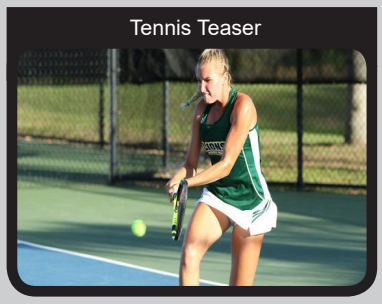
Remembering a Fallen Lion



Love Simon Movie Review



Tennis Teaser



Snoop Dogg's Evolution

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Saint Leo's Greek Week

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Editorial

How Overpopulation is Threatening the World

Keirra Gordon
Contributing Writer

Human beings and animals are becoming overpopulated in some areas. Overpopulation refers to a place becoming overloaded with one population of organisms.

Many factors result in overpopulation. Areas are left unpopulated when they are no longer able to sustain life, when this happens, people migrate to other regions which increases their population.

Humans demand more resources than are currently available. These resources are depleted faster than they can be replenished. For example, the consumption of food is at an all-time high.

There has been a decline in the death rate. The number of children born isn't adding up to the number of people dying. If the number of babies born each year was equivalent to the number of people dying, the population could remain stable.

There are many reasons why the death rate increases. For example, the United States is continuously plagued by the influenza virus each year. On Jan. 26, 2018, The New York Times reported "This year's flu season is now more intense than any since the 2009 swine flu pandemic and still getting worse, federal health officials said on Friday. Nationally, the number of people falling ill with flu is increasing. More worrying, the hospitalization rate — a predictor of the death rate — has just jumped." The flu can get violent enough to take multiple lives.

Over the years, technology has advanced tremendously, being one of the main reasons why stabilization has been disturbed. Science made it possible to produce more food, which leaves many mouths fed, decreasing the rate of starvation. Medical science has also made it possible to prevent and cure many diseases. Illnesses that once took thousands of lives became curable due to vaccinations.

Technology has made it possible to endure fertility treatments, increasing the chance of conception further leading to a rise in birth rates. Along with this, some families are unable to plan, resulting in families having a large number of children. These children are sometimes neglected, poor and illiterate.

Overpopulation can be solved when families are aware of family planning. The population is growing rapidly; families should understand the severity of overpopulation. One of the most effective ways is practicing safe sex and using contraception which avoids unwanted pregnancy and later, overpopulation.

Sex education should be implemented in schools as most parents are uncomfortable discussing sex with their children. It may be an awkward conversation, but it is a part of life. As a result of not being taught about sex, children have these conversations with their friends or their peers. Some teenagers are quite impressionable and vulnerable. This results in sexually active teenagers know nothing about contraception and are too embarrassed to get help. It is important for parents and teachers to make their kids or students aware of sex education. It will prevent unwanted pregnancies, protect children and stabilize the population. Roland Martin, a CNN contributor, wrote, "How in the world do we say it's OK for schools to teach our children about math, science, history and numerous other subjects, yet then get high and mighty with righteous indignation when biology is taken a step further to focus on sex?"

The animal population is also a huge factor. According to PETA, "Every year in the U.S., more than 6 million lost, abandoned or unwanted dogs and cats enter animal shelters." Some animals are adopted and make it into the homes of responsible, loving pet owners, while others are euthanized. In the article, "Approximately two to three million cats and dogs—many of them healthy, young and adoptable—must be euthanized in animal shelters every year."

Animals that are not caught are abandoned, then suffer and die on the streets or are left in backyards. These animals lack basic necessities such as food, water, companionship, exercise, shelter and veterinary care.

Animals are not at fault here. People fail to neuter their animals, then they reproduce large numbers of kittens or puppies. Instead of adopting animals, people choose to buy them from breeders or pet stores. Some people take animals in, neglecting the fact that they are life-long companions. Therefore, some animals are abandoned because of how much work they are. This problem could be solved if people simply neutered their pets to avoid unwanted pregnancies.

Although there are many reasons why overpopulation is affecting the earth, there are also many solutions. If people were to educate themselves on resolutions and preventions, overpopulation would not be as disastrous as it is.

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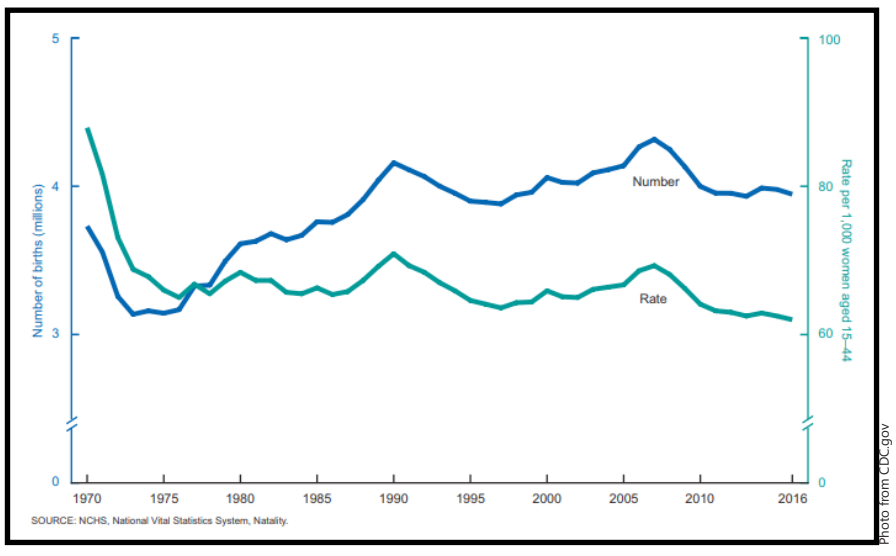

Photo from CDC.gov

The American Center for Disease Control (CDC) keeps track of the American birth and deaths rates and publishes them every year.

Retraction

On the March 23 issue, TLP utilized a graphic that was inaccurate in its representation of the administration. TLP wishes to apologize for the error and emphasizes that it was not the intent of the organization to cause confusion. The Lions' Pride apologizes for any disruption in operations in any entity within and associated with the University.

Campus News

Saint Leo Mourns Cont'd

Continued from Page 1

The service continued, and together, everyone said The Lord's Prayer.

The Vigil came to an end, and everyone began to make their way out of the chapel. Pinder's many friends still hold his memory in their hearts and will have them always.

"I'm going to remember him by always being positive, always making sure everybody I know is happy and that we keep him alive in everything we do," said one of Kale's previous roommates, Maurqise Mcgill. Kale will continue to live on through his friends and all of the people and the lives he has impacted.

Going forward may not be easy, but taking time to grieve is okay.

"Keep talking to each other," University Chaplain, Father Kyle, advised to those who are hurting. Talking to each other about the good memories and the hurt that is felt is so important, in knowing that you are not going through this alone. It is not bad to grieve or to feel sadness, and there is not an expiration date on feeling that sadness.

Counseling and University Ministry are two resources on campus willing to talk to anyone who needs it in this difficult time.

Photo by Savannah Bendik

Maruqise McGill, close friend to Kale Pinder, took a few moments to share some of his fondest memories of Kale.

Photo by Savannah Bendik

Pinder would have been moved by the number of students and staff that attended the vigil to pay their respects and recount precious memories.

A Great Way to Cap off the Year

Christopher Daniello
Contributing Writer

On March 22 Saint Leo held their third annual collection of the caps for the Caps of Love event. This event is one that collects caps to bring to a recycling plant. Once recycled, the plant sends a check to the Caps of Love organization which they use to buy wheel chairs for children who are in need. Caps of Love takes place throughout the year as the Saint Leo body shows their sense of community and gathers to sort caps every week for hours to make sure that they get to the correct place. At 12:30 the event kicked off strong with music, pizza, ice pops and shirts being handed out as a reward for all the hard work throughout the year. At about 12:45 the big mac truck came rolling down the hill into the Saint Leo tennis center to collect the many pallets of caps. The caps were carefully loaded into the truck by a fork lift; the truck was on its way to the plant at about 1:45. When President Lennox was asked what he thinks about Saint Leo doing acts of charity for organizations he responded "It is truly an amazing sight to see. This really shows the values of community and respect as this can make a huge difference in a person's life. Although the caps may be small, they contribute to a bigger cause helping those in need." Kenneth Posner was also interviewed to get his take on the event this year, he stated, "this is the third time we are doing this event and it's amazing to see the growth over the years. The first time this event happened, it was called 'A Ton of Love.' However, we quickly saw the issue with this name because we had over a ton of caps in October. The name was then changed to the Caps of Love event and it's been growing ever since. The first year the event finished with 8,000 pounds in caps, followed by year two with 12,000 pounds and finally, we are estimating this year is a little over 15,000 pounds of caps." This event is a huge one that truly helps a better cause. Once again Saint Leo University proves that size isn't everything, and even though we are a small school the sense of community mixed with hard work can lead to big outcomes.

Photo by Christopher Daniello

The team worked hard this semester to collect, package and ship the caps, but it was a labor of love.

National

How to Get a Full Night's Rest

Rebecca Hugh
Advertising Manager

Photo from @UniReliefCenter

According to Brandon Gaille, a marketing website, 68 percent of college students admit to having trouble sleeping due to academic stress and emotional strain. Saint Leo's Counseling Services can help Saint Leo students with this.

Sleeping is an essential part of one's daily routine. However, many college students suffer from lack of sleep. A study conducted by Brown University states that at least 11 percent of students report good sleep while 73 percent report sleep problems, and this results in an ongoing issue that has affected different facets of their lives.

Many college students follow a demanding schedule; they juggle trying to balance classes, assignments, extracurricular activities and sometimes a job.

Most students, particularly freshman, who are transitioning from a well-cared-for environment to being solely independent of their parents, do not factor in good sleeping habits. But, students, in general, are constantly surrounded by the temptations of having the freedom to do what they want whenever they want, and as young adults, they do not use their best judgment and realize the importance of sleep.

Krista Jones, who is a 2000 Saint Leo Alumni, currently functions as the Assistant Director of Counselling Services over in De Chantal Hall. And, as a licensed health counselor, she believes sleep has to be a top priority.

According to Jones, students suffer from bad sleeping habits. Many of which include not getting enough sleep, getting too much sleep, having difficulty going to sleep, waking up in the middle of the night or not getting quality sleep.

It is a repeated habit for students to stay up all night studying. And, Terry Dadez, the former Director of Health Services on campus, said students don't retain the material that they have studied when staying up all night. Dadez states that the best practice for studying is to learn the information little by little and get the required amounts of sleep so that one's mind can retain the information the first time around.

"Sleep is the best medicine for your body," said Dadez.

One of the reasons why sleep is the best medicine for the body is because it allows the body time to rest.

According to Dadez, if a student's sleeping habits have been disrupted for more than a couple weeks, one may have a sleeping disorder. Sleep disorders are the medical disorder of a student's natural sleeping pattern, and the type of sleep disorder can range from anything like insomnia to sleep talking. If a student believes he/she may have a sleeping disorder there are easy methods to verify it, such as a sleep study or a behavioral study. During these studies, doctors will study one's sleeping patterns and learn from the results if a sleep disorder is present and what kind it is; this will give more information on why the person is not able to fall asleep or stay asleep, and the treatment will be more tailored to that person's needs.

"Many students fail to realize that sleep is a physiological need," explained Jones when asked about students' sleep.

If you're having trouble sleeping, Jones suggests trying to set a realistic sleeping schedule.

"A lot of students say they want to be asleep by 10, and that is not realistic," said Jones. "Go through your demands and what your responsibilities are and set a realistic schedule, then fit in time for sleep."

One key component to a good night's sleep is having a sleep pattern. According to Dadez, this means going to sleep at the same time every night and waking up at the same time every morning; this includes weekends. Dadez suggests avoiding studying late into the night and early mornings because this will help your body get into the habit of when to go to sleep and when to be awake. It will also make it easier to fall asleep quickly.

Jones also recommends setting a realistic time to wake up. Even though some students prefer to study at night, she endorses shutting down an hour before sleep by turning off laptops, phones and all other forms of electronics. A person can even pick up a book an hour before bed, as reading helps relax the mind. By doing this, it will allow the body to wind down before it's time to sleep. It is best to try to practice this habit around the same time every night.

Also, powering off all electronics eliminates the interruption of your circadian rhythm. Dadez explains that the circadian rhythm is the pattern of light and darkness. It is the pattern of how one's body differentiates between daytime or nighttime. The artificial light coming from one's electronics can affect your circadian rhythm, and this causes one's body not to get a deep enough sleep, which can leave you restless throughout the day. The artificial light confuses one's body and mind into thinking the sun is still in the sky and that it is still daytime when it is actually the nighttime.

Another tip to take into consideration is to schedule meetings or any other responsibilities earlier in the day.

One can also encourage friends to get on board. If one has roommates, allocate a specific time for quiet hours. Jones says that "good habits last longer when tied into a buddy."

Jones suggests that students seek assistance through counseling services if they want help to achieve good sleep hygiene as there are three therapists who are ready and willing to help. To make an appointment, one can simply call, but walk-ins are accepted.

"We thrive on three values: confidential, compassionate and free," said Jones.

Jones admires the fact that counseling services are free at Saint Leo because at other universities you must have health insurance, and it can sometimes take weeks to get an appointment. She encourages students to take advantage of the free counseling services and to use the services offered to their benefit.

Photo taken by Wakens Leonard

Counseling Services is located in deChantal Hall, Suite 121. The office hours are on weekdays from 8 a.m. to 5 p.m. Appointments can be made via email or by calling 352-588-8199.

Information from Terry Dadez was retrieved from a previous article, titled "Tips to Sleeping Peacefully" written by Nicole Alvarez and Erin Gaylord.

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Arts & Entertainment

Snoop Dogg: Constantly Evolving

Keirra Gordon
Contributing Writer

World famous rapper, Calvin Cordozar Broadus, Jr., more commonly known as Snoop Dogg, is consistently working on projects. The 46-year-old of Long Beach, California has had great success with music among other things. The father of four has experience in genres like hip-hop, funk, reggae and gangsta rap, music is not all he is known for though.

Snoop always appears in the media for his cheerful attitude, an attitude people love seeing.

Many projects Snoop has taken on may come as a surprise to some people. His versatility is apparent when people become aware of the number of projects his name is on.

His favorite game show growing up was "The Joker's Wild." He got the opportunity to host TBS's new version, featuring celebrity artists Wiz Khalifa, Kelly Osbourne, Method Man and others; the first episode dated back to Oct. 24, 2017. The set in his casino with slot machines, dice, and cards. Questions asked are street related as well as problem-solving. His version is a game where street smarts compete with book smarts.

On Oct. 27, 2017, he released an extended play. "Make America Crip Again" consisted of hip-hop and rap with a total of 8 songs, the play time of 29:26. It was Snoop's second EP ever released. Guest features included Chris Brown and O.T Genesis containing production from Kid Capri. The name is a play Donald Trump's slogan "Make America Great Again." The album cover displays Snoop standing behind a dead body in an ID tag that reads "Trump," paying respect to "Death Certificate," a 1991 album by Ice Cube.

Snoop's versatility does not stop there. He has recently starred in "Martha & Snoop's Potluck Dinner Party," an American television show. The series starring Martha Steward and Snoop Dogg premiered on Nov. 7, 2016, on VH1. There have since been 18 episodes split into two seasons, which were filmed at the CBS Studio Center in Los Angeles, California.

Martha Stewart is a famous American television personality. The two make an odd pair because Martha specializes in cooking and crafts while Snoop is mainly known as a rap artist. The pair host gatherings, personalizing their dishes for themed meals. These dinners include cooking, drinking, and discussions with other artists. Artists featured on the show are Rick Ross, Wiz Khalifa, Jason Derulo, 50 Cent, Robin Thicke, and others.

Snoop has recently starred in the Netflix Original docuseries, "Coach Snoop." Los Angeles streets are home for gangs and gun violence. The show revolves around a group of teenage boys involved in football to keep them off the streets, the Snoop Youth Football League. Due to Snoop Dogg's history with the streets, he wants the boys to take a smarter approach to life. Although he coaches the boys on football, they are further coached on bettering themselves and dealing with their problems.

The entertainer has recently switched up his style by releasing a gospel album, "Bible of Love." The album has been a surprise to many due to his history with music like Sensual Seduction, Gin and Juice and Gangsta Luv. His sixteenth studio album released on March 16, 2018, featuring 32 songs. The late Dorothy Tate, Snoop's grandmother, sparked his interest in gospel music.

He said, "I am blessed to have so many legendary friends join me on this journey. As the country is in one of its heaviest times and is so divided, I wanted to make an album that spreads love and unity around the world. That's what I was taught, so that's all I know. Real love." Famous artists Mary Mary and Faith Evans are featured on the album.

Snoop Dogg is a versatile artist. His animated personality has added value to each of these projects making them all undeniably impressive.

Check out Snoop Dogg's latest film Coach Snoop on Netflix

Photo by Wikimedia

Snoop Dogg is the King of Versatility as an artist and entertainer.

Photo by@HistorytoLearn

Snoop Dogg's passion has driven him to collaborate with numerous artists over the years.

Upcoming Event

Jelly Bean Fling

Date: Saturday, March 31, 9 a.m.- 5 p.m.
Location: Pioneer Florida Museum & Village, 15602 Pioneer Museum Road, Dade City
Description: Easter Egg Hunt, Bounce House & Slide*, Petting Zoo, Face Painting, Kids Raffle and more. Take photos with the easter bunny and make your own bonnet!
Cost: $5 armband for unlimited activities.
Contact: Visit PioneerFloridaMuseum.org or call 352-567-0262

Arts & Entertainment

Love Is..."Love, Simon"

Travis Farmer
Editorials Editor

Photo by @weekenduplate

Nick Robinson stars in "Love, Simon" as Simon Spier, a teenage boy who loves his life but struggles to share one significant detail about himself: his sexuality.

On March 16, the newest hit teenage movie entered theaters: "Love, Simon." "Love, Simon" is a coming of age teenage romantic comedy and holds the title of being the first major studio film to focus on an LGBT teenage romance.

"Love, Simon" follows Simon Spier, a popular student with good friends, a supportive family and a generally happy life. However, he has just one secret that he holds away from everyone he knows: he's in the closet. Even his best and closest friends Nick, Leah and Abby don't know his secret. This all changes when a student from Simon's high school posts an anonymous message on the schools "Creekwood Rumors" website about his own plight as a closeted gay student. This message prompts Simon to message the student, who is using the name "Blue," to find out more about him and his story. In the process of messaging and communicating with Blue, Simon falls in love, and both of their secrets come into jeopardy. Simon needs to protect his secret, while also trying to solve the mystery of who Blue is.

"Love, Simon" is based on the novel "Simon vs. The Homo Sapiens Agenda" by Becky Albertalli. The novel released in 2015 to rave reviews and several awards, such as the "William C. Morris Award" for best young adult literature. The novel was quickly picked up by 20th Century Fox to be adapted into a movie. The film itself is a very faithful adaptation of the book, with nearly every story thread seen in the movie and with every character mostly adapted perfectly.

The biggest things that "Love, Simon" does correctly is the dialogue and acting. In many of these teenage movies, it feels so obvious that the characters were written by adults trying to pretend to be high schoolers, the dialogue is stilted and dated. However, in "Love, Simon" the characters feel like they can be anyone on campus or anyone students we may know. The things the characters say make sense and have weight. It never feels like they're just reading a script, but instead, they're saying what they are feeling.

Nick Robinson as Simon will be remembered as one of his best roles and possibly a breakout role for him to become a major actor, and the way that he plays the character is astounding. You never feel bad for Simon. Instead, you relate to him as he is going through his storyline. Even if one is not LGBT or a teenager, it is easy to relate to Simon's plight if one has ever had a secret or a crush. Simon is never ashamed of being gay, either. He knows his family would accept him and that his friends wouldn't care. But even then, he is just afraid of it. This fear makes Simon very relatable.

In any good coming-of-age film and even any good movie, the writing should be almost cyclical. The movie should start with how the characters are and how they live their lives. Then after the adventure and events of the story, the movie should end with how the characters' lives changed. "Love, Simon" is a perfect example of this, with one of the first scenes being him picking all his friends up for school, and then the final scene is a mirror of the first, but with a few changes. This type of writing is very satisfying for the viewer and leads to it feeling like the viewers went on this journey with the characters.

"Love, Simon" also has perfected the art of the supporting character. Even though Simon is the main character, all his friends and family are just as likable. His group of friends is well fleshed out, with goals and personalities all to themselves. Simon's parents should win an award for most wholesome couple and parents in film history. Even Simon's little sister, who had much of her side story from the novel cut from the film, still gets her time to shine in a few scenes where she is very real. Even tertiary characters in only a few scenes can steal the show, such as Simon's drama instructor.

The movie is extremely confident in its writing. Many teenage romance movies feel the need to have giant, dramatic scenes and twists and turns to keep the attention of its core demographic; however,"Love, Simon" doesn't need any of that to keep the audience engaged. The first half of the movie is simply conversations between characters, setting up friendships and connections between them. Yet, instead of the movie feeling slow, it just feels like it takes its time. It is easy to be sucked into this movie while watching it. The movie has a runtime of two hours, but in the movie theater seat, it feels like it's only 30 minutes. It is fun to watch and genuinely can make a viewer feel happy to sit and watch it unfold.

Of course, the largest part of "Love, Simon" is the fact that Simon is gay. It is very rare for a major studio movie to feature a gay character, much less a gay character with a personality. Many LGBT characters in media are simply their sexuality, and other than that, they don't have any characterization. As Jeremy Jahns, one of the largest YouTube movie reviewers with over a million subscribers said, "A lot of times in movies if there is a gay character, their entire character is that they are gay. That's not a deep character; people are more than their sexual preference or sexuality. This movie, better than most, properly illustrates that."

The jokes in "Love, Simon" land well, with the theater being full of laughs at a very good number of the jokes. The drama teacher has some of the funniest lines from this year, and "Love, Simon" isn't even necessarily a comedy. One possible complaint about the movie is that some of the jokes go a little bit too far, with there being a large amount of very awkward cringe-type humor. These scenes can sometimes go from being funny to making the viewers feel embarrassed for a certain character.

"Love, Simon" is being received very well by critics and fans alike. The film holds a 91 percent on review aggregator Rotten Tomatoes, and a 73 percent on Metacritic based on reviews from 36 professional movie critics. This positive reception is very important, as it can lead to more studios taking risks and making movies with LGBT leads. The best comparison to this is 2016's "Deadpool." Before "Deadpool," studios were afraid to make R-rated superhero movies out of the fear that it would hurt their bottom line. However, since the success of "Deadpool," studios have made more R-rated superhero movies and TV shows. It can only be hoped that something similar happens here with "Love, Simon." The success of "Love, Simon" can help lead to the normalization of LGBT in the United States.

In conclusion, not only is "Love, Simon" very, very good as a simple coming-of-age story about some teenagers, but it is also an extremely important movie right now. If social media is to be believed, the film is inspiring many people, both young and old, to come out of the closet to their friends and families. Not only this, but "Love, Simon" can pave the way for LGBT characters, stories, and entire films in the future.

Movie Rating:
5 out of 5 Paws

Sports

Tennis Midseason Update

By Vincent Pensabene
Sports Editor

Photo courtesy of: @SaintLeotennis

So far this season, senior Jaime Bueno has compilled a 22-1 record over singles and doubles competitions.

When talking about what team has had success since a coach has come to Saint Leo University, it would be difficult to think of a team better than Men's and Women's Tennis.

Head coach Chad Berryhill has been coach of both teams since October 2016 ,and since his arrival, both teams have been exceeding expectations. This season has shown success for both teams as Men's Tennis is undefeated at 12-0 and the Women's Tennis team is 10-3 at the time of this writing. The success, however, is not to the surprise of the head coach.

"Our players have worked hard, and out coaching staff has worked hard to prepare for where we are right now. So no, I am not surprised with where we are at right now as I have expected us to play this well and I also expect us to continue to get better," Berryhill said. "I think our players are improving and starting to buy into what we are trying to get them to do on the court, so the results have been encouraging for them."

The team has been successful as the Men and Women's teams are ranked fourth and tenth in the nation respectively. There are keys to build a great program as the school has as Berryhill points out.

"To be successful year in and year out, you have to have the players. Having a beautiful campus, great weather, good facilities, and playing in the toughest conference and region in the country for Division II helps a lot. Florida is definitely the most popular state to play college tennis in so our location helps us attract the best players from around the world."

"I think each team every year is different. You have to keep establishing a new team culture every year and continue to build relationships with your players each and every year so that they trust you and you trust them. I don't think our teams are any different than previous teams I have coached but every year presents its own set of good and bad things that a coach has to deal with."

Even with the success that the program has seen, the goals set forth at the beginning of the season have not been altered at all. "Our expectations from the beginning have not changed. For the Women our goal is to finish in the top 4 in the conference and make the NCAA tournament, which seems likely at this point," Berryhill added. "The goal for the Men is to win the SSC Conference title and to play for and win a National Championship. Our expectations for both programs are high, and we need to continue to work hard and make good decisions every day in order to accomplish these goals."

Probably the most interesting part of the program is the diversity on the court, seeing only two players (both female) that are from the contiguous United States. This diversity of cultures adds to an incredible team chemistry being able to share their different views. Coach Berryhill enjoys this aspect of his team, getting a unique experience from other coaches, both on the court and at the University.

Make sure to go check out both the Men and Women's Tennis teams as their season winds down before heading to the Sunshine State Conference Tournament in Bradenton beginning on April 19. There are still some home matches remaining on the schedule that you do not want to miss out on.

Photo courtesy of: @SaintLeotennis

Freshman Marta Vicens Miquel postures for her turn to serve on the tennis court.

Upcoming Games Week
3/30/18 - 4/5/18

Track
3/30- @ NC State 3 p.m.
@ University of Florida 5 p.m.
3/31- @ NC State 3 p.m.
@ University of Florida 5 p.m.
4/1- @ University of Florida 5 p.m.

Baseball
3/30- @ Palm Beach Atlantic (DH) 1 p.m./ 4 p.m.

Men's Lacrosse
4/4- vs Rollins 7 p.m.

Men's Tennis
3/30- @ Keiser 1 p.m.
3/31- @ Lynn 10 a.m.
4/4- vs Rollins 3 p.m.

Women's Tennis
3/30- @ Keiser 1 p.m.
3/31- @ Lynn 10 a.m.
4/3- @ Florida Tech 1 p.m.

Men's Golf
4/2, 4/3 Argonaut Invitational (Pensacola, FL)

Beach Volleyball
4/3- vs Tampa 4 p.m.